

# Special Feature

## Comfort Zones

By Dale Williams, MCA Operating Committee Member

Most of us define our comfort zones the same way: Staying in the environments you like, and behaving in ways that make you comfortable. All with the goal of making life as free of risk as possible. We all have our comfort zones, and they lead us to eat certain foods, wear a certain style of clothes, subscribe to a given set of magazines, go to a select few places, engage with certain friends. If someone asked me to cut the remaining few hairs on my head a different way, I can assure you the answer would be no. Even when we are faced with facts that tell us there are better ways of doing things, the comfortable ways we have established hold powerful sway over us.

Which is why when someone put their arm around me and told me that I'd be a good Sabbath School teacher of 7<sup>th</sup> and 8<sup>th</sup> grade kids, I was quite certain that they had mistaken me for my wife or someone else truly qualified to teach kids. *Me? Teach teenagers?!* Definitely sounded like a job for the professionals, and way outside my comfort zone. Besides, the Sabbath School that Ken Dedeker and Bob Dahl lead is great and I always came out having learned something and being spiritually refreshed. And that is what it is all about, right?

I got caught with the oldest line in the book: "We only need you to lead once a month or so". How can you say no to that? After teaching a

couple times, I realized that we have a really amazing group of kids in our church. My visions of 13 year old kids bouncing off walls and/or each other were never realized (um kids, don't get any ideas). Instead, they have been very attentive and willing to engage as we study various aspects of God. Whether we are learning how God is like a potter, or like water, or like light, or many other concepts we have studied over the past year, the kids have been adept at learning. Making it interesting and fun is challenging at times but God blesses even non-professional teachers like me.

Sometimes we think that only those of us that are something north of 29 struggle with getting out of our comfort zones. Kids are game for anything, right? In some ways they do that naturally, but certainly not all. And getting teenagers to test their own spiritual comfort zones has been a challenge of its own. Talk about spiritual things in front of your friends? Go back home and implement the concepts we have talked about? The teenagers of our church are indeed willing to stretch their spiritual comfort zones.

Our church has a wonderful blessing: Lots and lots of children of all ages. And they all need good Sabbath School leaders. Come stretch your comfort zone, and see what blessings God pours out on you and the children of our church!



Sabbath, Mar. 20, 2010  
The Family of God  
Pastor Sherman McCormick

Sabbath, Mar. 27, 2010  
Pastor Sherman McCormick

Sabbath, April 3, 2010  
Pastor Sherman McCormick

## CALENDAR—Minnetonka Seventh-day Adventist Church

### SABBATH WORSHIP SERVICE OPTIONS

- 9:15 a.m. **Morning Psalm** - with organ/instrumental music and hymns  
10:15 a.m. **Bible Study Groups** (See Below)  
11:30 a.m. **Gates of Praise** —with children's story, and a variety of contemporary music

#### Today, March 13:

- 6:17 p.m. Sabbath rest ends

#### Wednesday, March 17

- 10:00 a.m. J.U.L.I.E.T.S (Ladies Prayer Group)

#### Thursday, March 18:

- 3:50 p.m. Faith Lift Ladies Bible Study

#### Friday, March 19:

- 7:26 p.m. Sabbath rest begins

For MCA Info, please see MCA Bulletin Board Section

#### Future Dates:

- Thurs., April 1, 6:30 p.m.: Agape Feast (Easter) Junior/Primary Room  
May 21-23: Men Retreat, Lake Beauty Bible Camp  
June 11-19: Camp Meeting  
Maplewood Academy, Hutchinson, MN  
July 5-9: Vacation Bible School (Free) Day Camp (\$20/day)  
July 18-23: Rock Climbing Trip (\$225) Contact Pastor Benji  
August 1-6: Boundary Waters Canoe Trip (\$125) Contact Pastor Benji

### BIBLE STUDY GROUPS BEGIN AT 10:15 A.M. TODAY

Please feel free to join the class of your choice.

#### CHILDREN'S CLASSES:

(located in the church)

- \*Cradle Roll: Infants -3 years
- \*Pre-Kindergarten: Ages 3 - 5 years
- \*Kindergarten: Age 5 or K - 1st grade
- \*Primary: Grades 2 - 4
- \*Juniors: Grades 5 - 6

#### YOUTH CLASS: (located in the school)

\*The Filling is our Jr. High/High School class that meets for breakfast & songs, then splits into classes. Home Economics classroom.

#### ADULT CLASSES

- \*Church Office: Provided especially for those who find it challenging to walk to the school.
- \*School 3rd/4th Grade Classroom: Young Adult Sabbath School
- \*School 5th/6th Grade Classroom: Women's

Group studying Gospel of Luke. Co-leaders Rita Dedeker, Karen Gilbertson, & Karen Peterson.

\*School 7th/8th Grade Classroom: Sabbath School Quarterly. Co-leaders John Nicholson & Ackim Haamankuli.

\*School Conference Room: Study/discussion of 2 Peter. Co-leaders Ken Dedeker & Bob Dahl.

\*School Art Classroom: Team of teachers teach from the Adult SS Quarterly.

\*School Science Classroom: Study/discussion of Sabbath School Quarterly. Leader: Ruth Haamankuli

\*Fellowship Center: Book of Acts—Contemporary views on the Bible. Leaders: Jack Dougan, Ivan Chavez

### Rooms For Parents with Little Ones—(During Worship Services Only)

Children Pastor's Office—Nursing Mothers  
Cradle Roll Room—Quiet Training Room

#### Requests for Prayer:

1. Pray daily for MCA's teachers and students, and for it's long-term ministry to youth in the Twin Cities.
2. Loved ones doing military service.
3. Couples who are working at getting back together.
4. Anonymous requests for private issues.
5. Those unemployed seeking opportunities for work.
6. For guidance from God while searching for a new senior pastor.
7. Fran Thorne in rehab.

**Sermons on CD and Website**—If you would like a copy of a sermon that was preached at Minnetonka, please write the date or title on the back of the "Welcome" card, the quantity and your contact information. Drop the card in the offering plate or give it to a pastor. Please make a donation toward our media ministry of \$3 /CD. You can also listen to past sermons on our website.

**Minnetonka Seventh-day Adventist Church**  
3510 Williston Road  
Minnetonka, MN 55345  
Office 952-935-2615; Fax 952-935-0447  
Church Website: [www.knowgodmore.com](http://www.knowgodmore.com)  
Prayer Request Line: [sdaprayers@hotmail.com](mailto:sdaprayers@hotmail.com)

Church Office Hours: Closed Mondays  
Tuesday — Friday—8:00 a.m. to 12:00 Noon

### Our School Minnetonka Christian Academy



3500 Williston Road  
Minnetonka, MN 55345  
Office 952-935-4497  
Fax 952-935-4498  
[www.mca-sda.com](http://www.mca-sda.com)

# Minnetonka Seventh-day Adventist Church Welcomes You

March 13, 2010

**Church Office:**  
3510 Williston Road  
Minnetonka, MN 55345  
Ph: 952-935-2615  
Fax: 952-935-0447  
[secretary@mtka-sda.org](mailto:secretary@mtka-sda.org)  
[www.knowgodmore.com](http://www.knowgodmore.com)

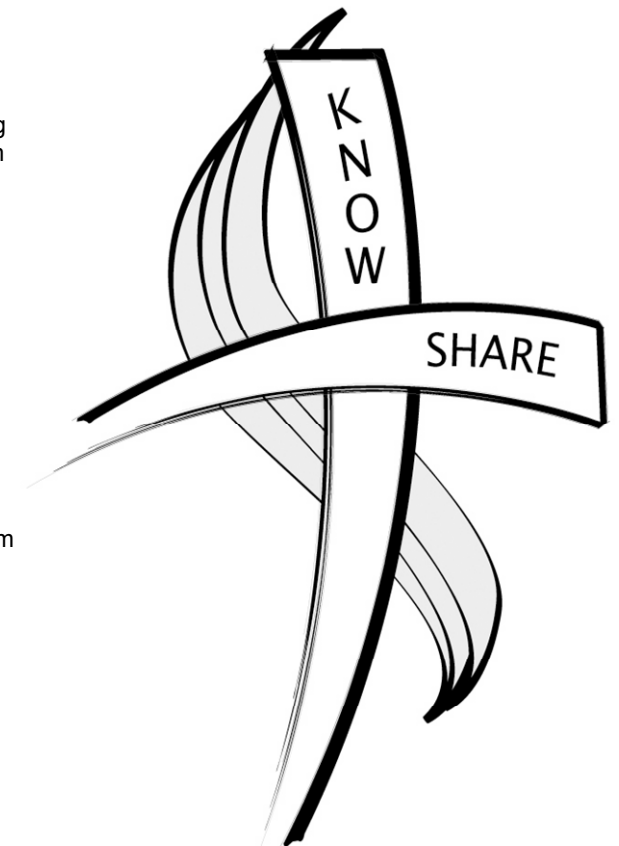
**Interim Senior Pastor:**  
Sherman McCormick  
Cell: 1-218-349-9871  
[icanoe2@live.com](mailto:icanoe2@live.com)

**Pastor for Youth  
& Worship:**  
Benji Ferguson  
Home: 952-933-0394  
Cell: 612-481-3843  
[one\\_lakatu@hotmail.com](mailto:one_lakatu@hotmail.com)

**Church Administrator:**  
Ken Dedeker  
Home: 952-937-7528  
Cell: 612-759-1653  
[kdedeker@comcast.net](mailto:kdedeker@comcast.net)

**Church Secretary:**  
Mary Stauner  
Church Office: 952-935-2615  
[secretary@mtka-sda.org](mailto:secretary@mtka-sda.org)

**MCA School Principal:**  
Ken Rannow  
School: 952-935-4497  
[ken.rannow@mca-sda.com](mailto:ken.rannow@mca-sda.com)



### MISSION STATEMENT

The mission of the Minnetonka Seventh-day Adventist Church is to passionately KNOW God as our personal friend and intentionally SHARE God as caring disciples.

### VISION STATEMENT

Our response to the Gospel of Jesus Christ compels us to become a growing Adventist congregation. We will impact our community through God-directed worship, selfless service, and a culture of active participation by every member.

# Morning Psalm

a sacred meeting

March 13, 2010 9:15-10:15 A.M.

Prelude

Call to Worship  
 Jesus, the very thought of Thee,  
 With sweetness fills my breast;  
 But sweeter far Thy face to see,  
 And in thy presence rest.

Congregation  
 Hymn #241

Pastoral Prayer  
 Pastor Sherman McCormick

Worship in Music  
 O, How I Love Jesus  
 Hymn #248  
 Jesus Is All the World to Me  
 Hymn #185  
 I Sing the Mighty Power of God  
 Hymn #88

Ed Wines

Scripture—Eph. 1:9-10 NLT  
 God has now revealed to us his mysterious plan regarding Christ, a plan to fulfill his own good pleasure. And this is the plan: At the right time he will bring everything together under the authority of Christ—everything in heaven and on earth.

Bible Message THE TALE OF TWO TREES  
 Pastor Sherman McCormick

Hymn of Response We Are One In The Spirit  
 We are one in the Spirit, we are one in the Lord.  
 We are one in the Spirit, we are one in the Lord.  
 And we pray that all unity may one day be restored.  
 And they'll know we are Christians  
 By our love, by our love,  
 Yes they'll know we are Christians by our love.

Congregation

Responding to God's Generosity  
 Bob Dahl

Offertory  
 MCA

Benediction  
 Pastor Sherman McCormick

Postlude

Worship Coordinator: Alice Simonsen  
 Lay Pastor: Bob Dahl  
 Deacon-in-charge: Isaiah Nyamburi

Organ: Alice Simonsen  
 Sound: Roger Christiansen

Greeters: Elaine Mueller, Don Peterson, Karen Peterson

# Gates of Praise

March 13, 2010 11:30 A.M. - 12:30 P.M.

"Enter His gates with thanksgiving...His courts with praise..." Psalm 100:4

Welcome

Worship through Music  
 Lord, I Lift Your Name on High  
 Be Unto Your Name  
 He Knows My Name  
 We Bow Down

Praise Team and Congregation

Garden of Prayer  
 Hide me, Lord, in Your holiness,  
 Ev'ry sin I now confess.  
 Praise to You, forgiving Lord,  
 Hide me in Your holiness,  
 Hide me in Your holiness

Pastor Sherman McCormick

Children's Story  
 Jane Rannow

Responding to God's Generosity  
 Les Morrison

Offertory  
 MCA

Scripture—Eph. 1:9-10 NLT  
 God has now revealed to us his mysterious plan regarding Christ, a plan to fulfill his own good pleasure. And this is the plan: At the right time he will bring everything together under the authority of Christ—everything in heaven and on earth.

Bible Message  
 Pastor Sherman McCormick

Hymn of Response THE TALE OF TWO TREES  
 We Are One In The Spirit  
 We are one in the Spirit, we are one in the Lord.  
 We are one in the Spirit, we are one in the Lord.  
 And we pray that all unity may one day be restored.  
 And they'll know we are Christians  
 By our love, by our love,  
 Yes they'll know we are Christians by our love.

Congregation

Blessing on the Congregation  
 Pastor Sherman McCormick

Circle Greeting  
 Congregation

Postlude

Leading us in worship:  
 Praise Team Coordinator: Marilyn Carlson, Nina Stephanson  
 Praise Team: Marilyn Carlson, Shanita John, Kathleen Mathis, Nina Stephanson, Melissa Westmore  
 Piano: Scott LeBard  
 Violin: Melissa Westmore  
 Deacon-in-charge: Joshua Onserio  
 Computers/AV/Music: Kevin Mayer, Shar Jesse

Greeters: Don Learned, Nancy Learned, Jared London, Carol Lyons, Alice Mairura

# Bulletin Board

• **March 13 Offering:** Adventist World Radio is the international ministry of the Seventh-day Adventist Church, AWR carries the voice of hope to listeners in 80 languages. With your help during the AWR Annual Offering on March 13, we can tell even more people about God and His love.

• **5:00 p.m., Sun., Mar. 14:** Tired of the winter blues...Join us for a Recreational Volleyball Tournament in MCA gym. 23 metro-wide churches have been invited. This tournament is co-ed. Questions—Les Morrison at 612-296-2716 or Lehmrjr40@gmail.com

• **6:30 p.m., Thurs., April 1st:** You are invited to join us at our **Agape Feast/Easter Celebration** for a time of fellowship, light meal, and Holy Communion.

• **April 4, 9:00 a.m.:** MN Conference is hosting a Town Hall meeting to talk about the new church district alignments, pastoral coverage, and reduction in pastoral work force. Minneapolis First. Questions: <http://www.mnsda.com/> or 763-424-8923

• On **April 10th** the offering is for **Christian Record Services**. Cards are now available at the counter in the church hallway that will hold \$10.00 worth of quarters. Be sure to pick one up, fill it with as many quarters as possible, and return it for the April 10th offering.

• The **Minnesota Conference Christian Men's Retreat** is scheduled for **May 21 – 23<sup>rd</sup>, 2010** at Lake Beauty Bible Camp. The speaker this year is Mr. Lee Gugliotto. After growing up Roman Catholic and converting to Protestantism, Lee served as a pastor for three decades — before launching a traveling ministry in 2000. Brochures with registration forms are available in Literature Rack, or by calling Marilyn at the Conference office, 763-424-8923.

• **New Prayer Box:** Did you notice the new prayer box at the entrance to the Fellowship Center? We encourage you to write out your prayer requests and praises and place them in the box. These will be prayed for by the pastoral staff during the next week.

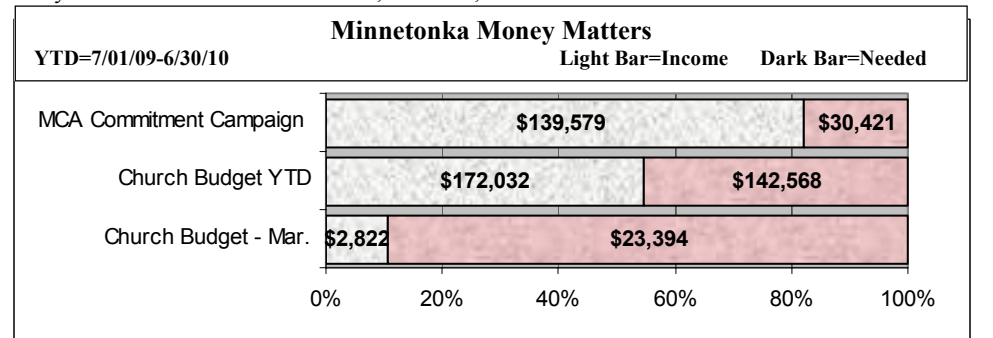
• **YOUR CHURCH NEEDS YOU** - For several years many of our MCA teachers have been kindly leading out in our children's Sabbath School Classes. If you are willing to consider leading (with help) once month in a Kindergarten, Primary, Junior, Youth class, please contact Pastor Benji (612) 481-3843 or Dawn Campanello 612-810-5465.

• **ICA:** Community Services / Minnetonka Church is working with ICA (Intercongregation Communities Assoc.). *Please bring peanut butter, jam, macaroni/cheese, etc. to help us support the food shelf.* **Minnetonka Church has been selected as "Congregation of the Month" for the month of May.** Questions on how you can help—contact Les Morrison at 612-296-2716 or Lehmrjr40@gmail.com. ICA website: [www.icafoodshelf.org](http://www.icafoodshelf.org).

• **All Church Directories are here.** Please pick up your reserved copy as soon as possible from the church office.. Copies are also available from the church office at \$5.00 each.

• You and your friends are invited to follow our church on Twitter @ mtkasda. Announcements, links, and encouraging thoughts will be posted throughout the week.

• **Thank you** to my church family for the lovely flowers, prayers and continued support during my rehab at Good Samaritan Home, Waconia, MN—Fran Thorne



Tithe does not pay for operating our church ministries and is separate from Church Budget.

Today's Offering: Adventist TV Ministries— Next Week: Church Budget

All unmarked offering goes for local church budget.

Your tithe and offerings can be given online at [www.knowgodmore.com](http://www.knowgodmore.com).

## Minnetonka Christian Academy

• **March 15-19:** Spring Break—No School  
 • **Mar. 31 & April 1:** Parent-Teacher Conferences. School will be dismissed at 12:00 noon.  
 • **April 6:** Kindergarten Round-up  
 • **April 19-23:** Spring Week of Prayer with Buell Fogg  
 • **Needed:** Beginning June 1st, home/townhome for rent by new MCA teacher and childcare for three year old. Call Tasha @ (703) 220-3548.