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Our school website—www.mca-sda.com

M.C.A. Weight Room Gets an Upgrade

By Joe Perrone
M.C.A. P.E./Athletic Dir.

Exciting news!! The weight room at M.C.A. has been given an upgrade. Eight individual universal weight machines have been donated to the weight room. Anyone interested in working out can now receive a full and complete workout. The eight machines include:

1. **A leg press machine** that does all the muscles of the legs including the glutes (the muscles you sit on);
2. **A leg extension machine** that strengthens the front of the legs;
3. **A leg curl machine** that strengthens the back of your legs;
4. **A chest press machine** the strengthens the chest muscles;
5. **A fly machine** that targets a specific part of your chest muscles;
5. **An arm extension machine** that strengthens the shoulder muscles of your arms;
6. **Upright Row machine** that strengthens the back muscles;
7. **A lat down machine** that strengthens the back muscles;
8. **A calf machine** that strengthens your lower leg muscles.

These machines are used (not brand new) but are in excellent working order, and are commercial grade. They look and feel almost brand new machines you would see at a fitness club. If these machines were bought brand new it would have cost approximately \$16,000 dollars. We are very excited for our

students to be able to work out on these machines and stay healthy and fit. The Lord has truly blessed and we are extremely thankful.

The staff is working out on these machines as well. The P.E. / Athletic department wants to extend an invitation to the church family to also workout on these machines. We also have a free weight workout room that also works the entire body if someone wants to work out with just free weights.

What a blessing!!! If you would like to work out and start a fitness routine for a small fee that would go to the up keep of these machines, please let me know and I would love to work with you.



SHERMAN McCORMICK
INTERIM SENIOR PASTOR

BENJI FERGUSON
PASTOR FOR YOUTH & WORSHIP

KEN DEDEKER
PASTOR FOR ADMINISTRATION

KEN RANNOV
PRINCIPAL OF MCA

MISSION STATEMENT

The mission of the Minnetonka Seventh-day Adventist Church is to passionately KNOW God as our personal friend and intentionally SHARE God as caring disciples.

VISION STATEMENT

Our response to the Gospel of Jesus Christ compels us to become a growing Adventist congregation.

We will impact our community through God-directed worship, selfless service, and a culture of active participation by every member.

Minnetonka SDA Governing Board

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Minnetonka Seventh-day Adventist Church Minnetonka Christian Academy

Good News!



Volume 67

April 2010

Dusting off the Basics, 2

By Pastor Sherman McCormick

Last month we began a short series dedicated to reviewing why some of our doctrinal basics are not just biblically true, but extremely practical and helpful if we are going to grow in our knowledge of Jesus (see II Pet. 3:18)

This time I want to address head on what I believe is our most fundamental, life-changing, and spiritually helpful doctrine: stewardship.

If you are like most people, as soon as you hear the word “stewardship” you immediately think of money in general, and church offerings in particular. I would like to suggest that offerings and church budget is only incidental to the big picture.

In biblical times a steward was what we would call a manager today. It was a very trusted and honored position. You can do a word search for “steward” in your concordance if you want more information about the significance of being a steward.

Conceptually, to be a Christian steward is to recognize that everything we own, all of our resources, talents, and abilities are entrusted to us by God who holds us responsible for developing them and using them to further His kingdom.

“Like good stewards of the manifold grace of God, serve one another with whatever gift each of you has received.” (1 Pet. 4:10, NRSV)

Stewardship, then, is simply the doctrine that everything I have is His. My job is simply to manage His goods as He wants.

A few years ago this was powerfully illustrated to me. My head elder and I used to get together once a week for lunch. One of these times he told me that he had loaned his canoe to a friend and that his friend had seriously damaged it by shooting rapids. As a consequence, there was a large hole in the bow. It was repairable—but it’s the principle of the thing!!! (Right after my wife and kids, are my canoes—not sacred, but almost!)

Frankly, if I had been in my friend’s place I would have been upset. But, my head elder put it casually aside with the simple observation that the canoe belonged to God and if he wanted it loaned—even if it meant having to later repair it—that was the Lord’s problem, not his.

But, let’s address the money factor for a few moments. Each month when I send in my tithe I look at the check and think about what I could do with the money—the van needs tires, it’s time for the 30,000 service, I need a new suit—there is never a shortage of places calling. I’m sure you can identify.

But, God has promised to open the windows of heaven and pour out a blessing I can’t even measure if I am faithful in returning to Him my tithe. I’m just simple enough to

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www.knowgodmore.com

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UPCOMING PREACHING SCHEDULE April

03—Pastor Sherman McCormick
10—Keith Mosier
17—Pastor Sherman McCormick
24—Ed Wines

believe that. And, I am here to testify that his promise has never failed.

Therefore, I know that I can trust his other promises: his promises to guide, to save me,—and to make everything work out for the best in the meantime. This is one reason I said at the beginning that the whole concept of stewardship is “extremely practical and helpful if we are going to grow in our knowledge of Jesus.”



MINNETONKA CHRISTIAN ACADEMY

Principal Ken Rannow

DISCIPLESHIP

Pastor Sherman McCormick

